

SELECTHEALTH + UTAH ASSOCIATION HEALTH PLANS

THE SELECTHEALTH® DIFFERENCE

We're more than just an insurance company. We're *your* insurance company. Feel the difference with benefits like these:

PLAN OPTIONS

- > Choose from up to nine different plans, including multiple traditional and HSA-compatible plans.
- > Choice of two large provider networks with access to all Intermountain Healthcare® facilities.
- > All plan option benefits resemble large company benefits.

NETWORK OPTIONS



We provide coverage through in-network providers for regularly scheduled care and times when you need extra special care. We have a broad network of facilities and doctors for every kind of treatment.

- > SelectHealth Value® Network
 - Integrated with Intermountain Healthcare® and a great option along the Wasatch Front
- > SelectHealth Med® Network
 - Affordable comprehensive and includes three times more hospitals and providers than SelectHealth Value
 - A swing-out option provides benefits at out-of-network hospitals and providers for most services

UNITEDHEALTHCARE® OPTIONS PPO NATIONAL NETWORK

The workplace has changed, so we've changed too. With more employees working remotely, our SelectHealth Med plans with out-of-network benefits now include in-network access across the U.S. Members living outside Utah, Idaho, and Nevada can now access nearly **850,000 physicians** and **83% of all hospitals nationwide**.

WANT MORE INFORMATION?

Call the SelectHealth Sales team at **844-442-6294**.



SelectHealth and Association Health Plans (AHP)

Q: What is an AHP?

A: A health plan offered to member-employers of a bona-fide association.

Q: How are they beneficial?

A: They allow small businesses to group together to purchase and access benefits that are typically only available to large employers.

Q: Are they well-known and established?

A: Yes. Association Health Plans have been available for many years and are a common offering in most states throughout the U.S. SelectHealth currently maintains many AHP groups.

WELLNESS TOOLS

Enjoy many wellness tools and benefits our members know and love:

- > Preventive care at no additional cost – this includes things like wellness checkups and immunizations
- > Healthy BeginningsSM – prenatal program that provides support for a safe and healthy pregnancy
- > Tobacco cessation program – access to the Quit for Life[®] program at no additional cost to members
- > Care Management – our team of nurse care managers can support members with chronic conditions
- > Chiropractic Care – covered with an office copay and no visit limits

DENTAL AND EYEWEAR BENEFITS

We believe dental and eyewear benefits are key to overall health.

- > Dental – We have a variety of flexible SelectHealth Dental[®] plans for every need and budget.
- > Eyewear – We offer coverage for vision hardware through EyeMed Vision Care[®]. Benefits include contacts, frames, lenses, and lens options.

MEMBER DISCOUNTS

Enjoy member discounts on health-related products and services that aren't normally covered. Save up to 25% on services from specialist healthcare practitioners, discounts up to 55% on popular health and fitness brands, and online classes and articles.

INTERMOUNTAIN EMPLOYEE ASSISTANCE PROGRAM (EAP)

Get free, short-term counseling for life problems such as conflict at work or with a family member, depression, anxiety, and life stress. Services are available in a four-session limit model to employees, spouses or partners, and dependent children (ages 6 to 26). These services also include legal and financial counseling. Call **801-442-5309** or **800-832-7733** to schedule an appointment.

SELECTHEALTH MOBILE APP

Everything is at your fingertips with our mobile app.

Medical cost estimator – We use the member's benefits to estimate the cost of many healthcare services.

Request a call – Our call request feature can be used to schedule a call back from our Member Services team.

ID cards – Lost ID card? No worries—members can view and print copies of their card by logging into their member account.

Chat with us – No time for a phone call? We have a secure chat feature to talk with Member Services online.

Rx Savings Solutions[®] – Rx Savings Solutions is an online pharmacy cost transparency service that helps our members save money on their prescription drugs. Enjoy access to more than 55,000 pharmacies, including major national chains and an average annual savings of \$455.

INTERMOUNTAIN CONNECT CARE[®]

Intermountain Connect Care is a convenient way to talk to a provider about urgent medical issues. Use your smartphone or computer, anytime, anywhere—all for **\$0 out-of-pocket costs** per visit*.

We've added Behavioral Health Services available daily, from 7:00 a.m. to 7:00 p.m., including same-day appointments.



*If you're on a High Deductible Health Plan (HDHP), you'll pay \$0 out of pocket after your deductible.

INTERMOUNTAIN HEALTH ANSWERS[®]

Intermountain Health Answers is a **free, 24-hour** nurse advice line for SelectHealth members. Staffed by Intermountain Healthcare nurses, they can assist in finding the best care. Call **844-501-6600**.

WELLNESS REWARDS PROGRAM

Get reimbursed up to **\$240 per person**, per calendar year for things like your gym membership or taking 7,000+ steps a day. Family limits may apply.

